## 3

FIN REVIEW, P. 60

FEATURES

|  | OPEN-HEELS |  |  |  |  |  |  |  |  |  | FULL-FOOTS |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| PRICE | \$260 | \$99.95 | \$185 | \$150 | \$80 | \$129.95 | \$149.95 | \$89 | \$139 | \$119 | \$89 | \$75 | \$130 | \$44.95 | \$35 | \$49 |
| MADE IN | Japan | Italy | USA | USA | USA | Italy | Italy | Italy | - | Taiwan | Taiwan | Italy | Japan | Italy | Taiwan | Italy |
| WARRANTY | 1-yr. Itd. | 1-yr. Itd. | 1-yr. Itd. | Ltd. lifetime | Ltd. lifetime | 2-yr. Itd. | 2-yr. Itd. | 2-yr. Itd. | 1-yr. Itd. | 1 year | 1 year | 2-yr. Itd. | 1-yr. Itd. | 1 year | 1 year | 2 years |
| FIN STYLE | Split | Split | Unique | Modified paddle | Traditional paddle | Modified paddle | Modified paddle | Modified paddle | Traditional paddle | Split | Split | Modified paddle | Split | Modified paddle | Split | Modified paddle |
| FOOT POCKET | Open toe | Closed toe | Open toe | Closed toe | Closed toe | Closed toe | Closed toe | Closed toe | Closed toe | Closed toe | Open toe | Open toe | Open toe | Open toe | Open toe | Open toe |
| BUOYANCY | Negative | Slightly positive | Slightly negative | Negative | Negative | Slightly positive | Slightly positive | Negative | Negative | Positive | Positive | Slightly positive | Slightly positive | Negative | Positive | Negative |
| WEIGHT (per fin size) | $\begin{gathered} 3 \text { lbs., } 1 \text { oz. } \\ (\mathrm{M}) \end{gathered}$ | $\begin{gathered} 1 \mathrm{lb} ., 14 \text { ozs. } \\ \text { (ML) } \end{gathered}$ | $\begin{gathered} 1 \mathrm{lb} ., 14 \text { ozs. } \\ (\mathrm{M}) \end{gathered}$ | $1 \text { lb., } 14 \text { ozs. }$ (ML) | $2 \text { lbs., } 11 \mathrm{ozs} .$ <br> (M) | $1 \mathrm{lb} ., 14 \mathrm{ozs} .$ (M) | $\begin{array}{\|c} 1 \text { lb., } 14 \text { ozs. } \\ (\mathrm{M}) \end{array}$ | $2 \text { lbs., } 2 \text { ozs. }$ <br> (M) | $1 \text { lb., } 10 \text { ozs. }$ (M) | $\begin{gathered} 1 \text { lb., } 10 \text { ozs. } \\ \text { (M) } \end{gathered}$ | $\begin{gathered} 1 \text { lb., } 2 \text { ozs. } \\ (9-10) \end{gathered}$ | $\begin{array}{\|c} 2 \mathrm{lbs} ., 0 \mathrm{oz} . \\ (9.5-10.5) \end{array}$ | $\begin{gathered} 2 \mathrm{lbs} ., 6 \text { ozs. } \\ \text { (ML) } \end{gathered}$ | $\begin{gathered} 1 \mathrm{lb} ., 1 \mathrm{oz} . \\ (9-10) \end{gathered}$ | $\begin{gathered} 1 \text { lb., } 0 \text { oz. } \\ (9-10) \end{gathered}$ | $\begin{gathered} 2 \text { lbs., } 3 \text { ozs. } \\ (10-11) \end{gathered}$ |
| SIZES | 5 | 4 | 2 | 3 | 3 | 3 | 3 | 3 | 4 | 3 | 6 | 6 | 4 | 7 | 4 | 6 |


|  |  |  |  |  |  |  |  |  | TEST |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| POWER VS. STRESS | 5 | 4 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 4 | 4 | 4 | 3 | 3 |
| stablity | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 3 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 3 |
| maneuverability | 4 | 4 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 4 | 4 | 4 | 4 | 3 |
| acceleration | 5 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 5 | 4 | 4 | 4 | 4 | 4 |
| FIT \& COMFORT | 5 | 3 | 3 | 4 | 4 | 3 | 3 | 4 | 3 | 4 | 4 | 4 | 3 | 3 | 3 | 4 |
| ALternate kicks | 5 | 4 | 3 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 4 | 4 | 4 | 4 | 4 | 4 |
| SURFACE SWIM | 4 | 4 | 3 | 3 | 3 | 4 | 4 | 3 | 3 | 3 | 4 | 4 | 4 | 4 | 3 | 3 |
| DONNING/DOFFING | 山 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 |
| ADJUSTING FOR FIT | 㜢 5 | 4 | 4 | 3 | 2 | 4 | 4 | 4 | 5 | 3 | N/A | N/A | N/A | N/A | N/A | N/A |
| NONSKID | 4 | 4 | 2 | 2 | 3 | 3 | 3 | 4 | 3 | 3 | 4 | 4 | 4 | 3 | 3 | 3 |
| ADJUSTED ERGO TOTAL | 96 | 82 | 73 | 76 | 69 | 70 | 70 | 68 | 66 | 69 | 83 | 80 | 78 | 77 | 72 | 67 |
| OBJECTIVE TESTS |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| SPEED TEST | 4 | 3 | 4 | 3 | 4 | 3 | 3 | 4 | 4 | 3 | 5 | 4 | 4 | 5 | 4 | 4 |
| THRUST TEST | 5 | 4 | 4 | 3 | 5 | 2 | 2 | 4 | 4 | 3 | 5 | 4 | 4 | 4 | 3 | 4 |
| SLALOM Course | 5 | 3 | 4 | 2 | 2 | 3 | 3 | 2 | 3 | 2 | 5 | 5 | 5 | 4 | 4 | 3 |
| EFFIIIENCY COURSE | 5 | 3 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 3 | 5 | 5 | 5 | 5 | 4 | 4 |
| OBJECTIVE TOTAL | 19 | 13 | 16 | 12 | 15 | 12 | 12 | 13 | 15 | 11 | 20 | 18 | 18 | 18 | 15 | 15 |
| TOTAL SCORE | 115 | 95 | 89 | 88 | 84 | 82 | 82 | 81 | 81 | 80 | 103 | 98 | 96 | 95 | 87 | 82 |

## 5=Excellent, 4=Very Good, 3=Good, 2=Fair, 1=Poor

*HOW WE DETERMINE TESTERS' CHOICES ScubaLab Testers' Choices are based on the adjusted scores for ergonomic performance (actual scores x 3 for "Most Important" categories, actual scores $\mathbf{x} 2$ for "Moderately Important" categories, and actual scores x 1 for "Convenience Elements"), plus numerical scores for speed, thrust, slalom and efficiency course runs.

MOST IMPORTANT > Power vs. Stress: The perception of power produced vs. effort required. Stability: How much the fins wobble, slice from side to side or hit each other during the kick cycle. Maneuverability: The ease of turning, as well as getting in and out of tight places using fin power; i.e., backing up, changing or reversing directions, using small fin movements. Acceleration: During an underwater swim, the ability to pick up speed quickly.

MODERATELY IMPORTANT > Fit \& Comfort: Of foot pocket. Alternate Kicks: Ease and effectiveness of frog and dolphin kicks. Surface Swim: Both face-down and while on the back. CONVENIENCE ELEMENTS > Donning/doffing: Prior to dive, after the dive. Adjusting for fit: Ease of using buckles and straps, both in and out of the water. Nonskid: The sense of security on a wet boat deck geared up while wearing fins.


## MISSING IN ACTION

ALL MAJOR manufacturers were invited to participate in this year's new fin review. Here is a status report of the major manufacturers who are not represented:
$>$ OMS submitted its Slipstream fin for inclusion in this review. However, it was available in only one size (XL) and didn't fit enough of our test divers to get a complete evaluation. For more information, see: "First Look," p. 63.
$>$ Dacor, Scubapro, Tusa and Zeagle did not have any new scuba fins listed in their 2005 catalogs, so they were not able to participate in this year's new fin review.
> Mares' new Quattro Excel was not available in time for full testing. We did get to try a pair just as this issue went to press. See: "First Look," p. 63.
$>$ Beuchat shows a new Activa full-foot fin on its web site, but didn't send it for inclusion in this year's review.
$>$ Cressi-sub has a number of fins not previously reviewed listed in its 2005 catalog, but didn't respond to our invitation.


## SPEED COURSE

Six test divers, using the flutter kick at an average depth of 10 feet, took each fin on three speed runs. The highest sustained speed, as measured by digital underwater speedometers, for each fin, was taken from each diver, then averaged for the following speeds.

When applied to real-world diving, the difference of $1 / 10$ th mph is insignificant. Speed data should be used in conjunction with maneuverability, efficiency, thrust and ergonomic results for a complete picture of a fin's performance.

## (in MPH)

OPEN-HEELS
2.8 Apollo Bio-Fin Pro Yellow/C-Series
2.7 Dive Rite Fin

Mor-Fin Blue VT-300B
2.6 Aqua Lung Caravelle ADJ XS Scuba Power Fin
2.5 Deep Outdoors Six-Gill
2.4 Aeris Velocity Duo

IST F-2 Talaria
Sherwood Scuba Kinesis
Sherwood Scuba Kinesis EX

## FULL-FOOTS

3.0 Oceanic Vector
2.9 Atomic Aquatics Full-Foot Splitfin
2.8 Akona Azione

Apollo Sports Bio-Fin Uni Blue
2.7 Seac Sub Hyper-X
2.6 IST F-10 Pegasus

## SLALOM COURSE

Six test divers, using a flutter kick, swam an obstacle course that included a series of 60-degree turns in approximately 10 feet of water. While on the course, divers' hands clutched either weight belts or BC straps to ensure all maneuvering power was generated by the fins. Divers swam two round-trip circuits per fin, timing their runs with digital stopwatches. The fastest time for each fin was taken from each diver, then averaged, to come up with the following course times.

## Time (in seconds) <br> OPEN-HEELS

73 Apollo Bio-Fin Pro Yellow/C-Series
77 Mor-Fin Blue VT-300B
78 Sherwood Scuba Kinesis Dive Rite Fin
80 Sherwood Scuba Kinesis EX Aeris Velocity Duo
81 XS Scuba Power Fin
Deep Outdoors Six-Gill ST F-2 Talaria
82 Aqua Lung Caravelle ADJ

## FULL-FOOTS

69 Atomic Aquatics Full-Foot Splitfin
72 Apollo Sports Bio-Fin Uni Blue
73 Akona Azione
74 Oceanic Vector
76 IST F-10 Pegasus
78 Seac Sub Hyper-X

## THRUST TEST

Six test divers, using the flutter kick at an average depth of 10 feet, grabbed onto a rigid-handled harness that connected to a scale that connected to a pier piling. Holding the handle securely against their bodies, test divers slowly kicked forward, taking the slack out of the harness. Once at the end of the tether, test divers began to kick, slowly at first, then increasing speed to reach their maximum thrust, at which time the test supervisor, on station at the scale, recorded the reading. Test divers would then ease off, rest and repeat the process. Three readings were taken by each diver for each fin, which were averaged.

## (in pounds)

OPEN-HEELS
38 Apollo Bio-Fin Pro Yellow/C-Series XS Scuba Power Fin
36 Mor-Fin Blue VT-300B
35 Aeris Velocity Duo Aqua Lung Caravelle ADJ Dive Rite Fin
34 IST F-2 Talaria
33 Deep Outdoors Six-Gill
32 Sherwood Scuba Kinesis EX Sherwood Scuba Kinesis

## FULL-FOOTS

39 Atomic Aquatics Full-Foot Splitfin
36 Apollo Sports Bio-Fin Uni Blue Seac Sub Hyper-X
35 Akona Azione
Oceanic Vector
34 IST F-10 Pegasus

EFFICIENCY COURSE
Six test divers, using a flutter kick in approximately 10 feet of water, swam a straight-line course 65 feet long, including a 15-foot "runway" to allow them to achieve their most efficient kicking rhythm before starting their digital stopwatches. Divers completed two runs for each fin. The best runs for each diver for each fin were then averaged.

[^0]
[^0]:    Course Time (in seconds)
    OPEN-HEELS
    21 Apollo Bio-Fin Pro Yellow/C-Series
    22 Mor-Fin Blue VT-300B XS Scuba Power Fin

    23 Deep Outdoors Six-Gill Sherwood Scuba Kinesis Sherwood Scuba Kinesis EX Dive Rite Fin
    24 Aeris Velocity Duo IST F-2 Talaria
    25 Aqua Lung Caravelle ADJ

    ## FULL-FOOTS

    20 Apollo Sports Bio-Fin Uni Blue Atomic Aquatics Full-Foot Splitfin
    21 Oceanic Vector Akona Azione
    22 IST F-10 Pegasus Seac Sub Hyper-X

